

Carer Assist Mental Health Carer Conference Maitland

“Asking, Listening, Supported”

Tuesday 19th April , 2016

Registration 9.00am – 9.30am
Conference 9.30 am – 2.30pm
(venue will be advised upon registration)

**FREE Conference for carers & families
of someone with a mental illness in the Lower Hunter
area**

Guest Speaker – Hugh Worrell – Support Group Facilitator
Schizophrenia Fellowship of NSW

Learn about the history and benefits of peer support groups for mental health carers and attend area specific workshops to discuss what you need to benefit you in your role as a support person, what is available and identify the gaps. Finally, an opportunity to be heard!

Free morning tea, lunch and refreshments

A great chance for families & carers to interact.

**RSVP by 11 APRIL 2016: To Carer Assist on
Ph. 02 4968 9268 or carol@carerassist.org.au
Bookings are essential**

This Conference is targeted for families and carers located in the Maitland, Cessnock and Dungog Local Government areas

Conference sponsored by Carer Assist, Hunter PIR and Integrated Living

Hunter
Partners
in Recovery

 **CARER ASSIST**
SUPPORT FOR MENTAL HEALTH CARERS

 **integratedliving**
enriching communities
supporting individuals