

# Carer Assist Mental Health Carer Conference Muswellbrook

**“Asking, Listening, Supported”**

**Wednesday 27<sup>th</sup> April , 2016**

Registration 9.00am – 9.30am  
Conference 9.30 am – 2.30pm  
(venue will be advised upon registration)

**FREE Conference for carers & families  
of someone with a mental illness in the Upper Hunter  
area**

**Guest Speaker – Hugh Worrell** – Support Group Facilitator  
Schizophrenia Fellowship of NSW

Learn about the history and benefits of peer support groups for mental health carers and attend area specific workshops to discuss what you need to benefit you in your role as a support person, what is available and identify the gaps. Finally, an opportunity to be heard!

*Free morning tea, lunch and refreshments*

*A great chance for families & carers to interact.*

**RSVP by 18 APRIL 2016: To Carer Assist on  
Ph. 02 4968 9268 or [carol@carerassist.org.au](mailto:carol@carerassist.org.au)  
Bookings are essential**

**This Conference is targeted for families and carers located in the Muswellbrook, Singleton and Upper Hunter Local Government areas**

**Conference sponsored by Carer Assist, Hunter PIR and Integrated Living**

Hunter  
Partners  
in Recovery

 **CARER ASSIST**  
SUPPORT FOR MENTAL HEALTH CARERS

 **integratedliving**  
enriching communities  
supporting individuals