



We can help you with **personal care**

**Do you need assistance with
bathing, showering, toileting,
dressing and undressing?**

With our personal care services, making your life easier with the day to day tasks is what we're all about.

From assisting you to get the right referrals for support such as occupational therapy, physiotherapy, podiatry and dietetics, to helping with your medication or understanding what aids and equipment might make staying at home that little bit easier.

For more information:
1300 782 896 | integratedliving.org.au

