

It's good to talk - keeping you connected



We understand these are difficult times with many of us feeling anxious about having visitors and services delivered in our homes, even as restrictions ease.

It's hard and often we may find ourselves going for days without talking to someone or not having someone to share our worries and concerns with.

That's why at integratedliving, we are offering a 'social support phone call' service to keep you connected. Normally social support is provided face-to-face, but in the new environment we are now offering this service as a telephone call.

How it works:

- You tell us how often you would like us to call
- The chat is on whatever topics you like or concerns you have on COVID-19
- You choose how long you would like the call to last - from 30 min to two hours!

The benefits:

- Regular social interaction
- Be able to talk with someone about how you are feeling regarding COVID-19
- Combat the feeling of isolation

How do I set this service up and how much does it cost?

It's really easy to set up. All you need to do is call our Customer Service Centre on **1300 782 896** and we will do the rest.

The price of the service will vary depending on your support plan, so one of our friendly customer service representatives will go through this with you.

According to the Government, home care is an essential service, and we are committed to supporting you the best way we can. We continue to follow best practice public health guidelines in all the services we deliver, both within the home and virtually to keep you and us safe.

Remember we are here to help. We are in this together.

Call us today on 1300 782 896 and set up your support call.

Wave of Thanks - let's make a giant splash!

18 May-1 June 2020

Join us in helping create the biggest wave across Australia to thank all our fantastic care workers who have continued to support you during these challenging times.

If you spot one of our integratedliving cars, or a member of staff in uniform, make their day and give them a wave.



Why not capture the moment on video or camera and share with us on our Facebook page? Or simply post a picture or video of you waving to say thank you and type in the hashtag #waveofthanks.



Not on Facebook?

No problem, simply email it to us at marketing@integratedliving.org.au

We are riding this wave together, so we hope as many of you as possible will support the campaign and help us to create a giant splash of thanks to all our staff!

#waveofthanks