

CORE HOME CARE PACKAGE

FULL PRICE LIST

1 August 2021 to 30 June 2022

CORE SERVICES					
Personal Health Plan Management	Included				
Care@Home Activities of Daily Monitoring Service	\$42.45 per month				
Pharmacist Home Medications Review	Bulk billed PPA - subject to Pharmacy Programs Administrator terms and conditions				
Specialist Physician Assessment and Review	Bulk billed MBS - subject to Medicare Benefits Schedule terms and conditions				
Core Multi-disciplinary Team Case Conference	\$296.50 per case review				
	STANDARD PER HOUR	NON STANDARD PER HOUR	SATURDAY PER HOUR	SUNDAY PER HOUR	PUBLIC HOLIDAYS PER HOUR
NURSING					
Registered Nurse	\$115.30	\$141.10	\$141.10	\$165.80	\$190.50
Enrolled Nurse	\$96.80				
ALLIED HEALTH					
Allied Health services including Podiatry, Psychology, Dietetics, Social Work, Exercise Physiology, Occupational Therapy, Physiotherapy.	\$181.20				
For more information click here .					
HOME SUPPORT					
Personal Care	\$80.30	\$94.70	\$94.70	\$109.10	\$123.60
Cleaning and Household Tasks	\$80.30	\$94.70	\$94.70	\$109.10	\$123.60
Light Gardening	\$85.40	\$101.90	\$101.90	\$118.40	\$133.90
In-Home Respite	\$80.30	\$94.70	\$94.70	\$109.10	\$123.60

CORE HOME CARE PACKAGE

FULL PRICE LIST

1 August 2021 to 30 June 2022

SNAPSHOT OF OUR SERVICES



EXCLUSIVE TO CORE

Work with your dedicated Personal Health Partner to develop a Personal Health Management Plan that is right for you. You will be supported by a multi-disciplinary team of experienced health care professionals including a Physician, Pharmacist, Social Worker and other Allied Health professionals. Our team will be with you every step of the way to ensure you receive the services and healthcare support you need to stay living safely and well at home and when on the move.



PERSONAL CARE

There is no need to feel concerned about managing everyday tasks such as showering, toileting, grooming, dressing and taking the correct medication. We can help you feel your best and support you to maintain your independence.



CLEANING AND HOUSEHOLD TASKS

We provide assistance with domestic chores including light cleaning, vacuuming, dishwashing, clothes washing and changing bed linen. Having extra support could help you to more easily manage everyday activities in your own home safely and independently.



LIGHT GARDENING

Support to keep the inside and outside of your home well-maintained. Our service can assist by maintaining your home and garden needs including mowing the lawn to changing a light bulb or smoke alarm battery.



IN-HOME RESPITE

We understand that caring can be a very rewarding experience but it is also physically and emotionally demanding. If you are someone who cares for others, it is important that you look after your physical and mental wellbeing. Our respite services can provide care for the person you look after so you can have a break.



NURSING

Our nursing service assists with managing the effects of chronic illness and general health and wellbeing challenges. We work closely with you, your carer, family, General Practitioner and health professionals to ensure your health needs are met.



WELLNESS FOR INDEPENDENCE®

A range of 16-week Allied Health or Nurse-led programs, focused on improving digital and health literacy, independence and achieving personal goals. Choose from: Digital Wellness, Cardiac Wellness, Foot and Diabetes Wellness, Low Vision Wellness, Memory Wellness, Palliative Wellness, Respiratory Wellness, Nutritional Wellness, Mind and Body Wellness and more.



WELLNESS SERVICES

Stay active and connected to the community when you participate in our online activity and exercise classes. If you live near one of our centres, use our state-of-the-art gym, health and wellbeing services and activities to help you stay active and healthy.

CORE HOME CARE PACKAGE

FULL PRICE LIST

1 August 2021 to 30 June 2022

WELLNESS FOR INDEPENDENCE® PROGRAMS	COST PER PROGRAM	WITH OWN IPAD + DATA
Memory Wellness – 16 weeks	\$2,723.00	\$2,332.00
Foot and Diabetes Wellness – 16 weeks	\$2,723.00	\$2,332.00
Digital Wellness – 16 weeks	\$2,315.00	\$2,027.00
Mind and Body Wellness – 16 weeks	\$2,723.00	\$2,332.00
Low Vision Wellness – 16 weeks (without Misfit)	\$2,631.00	\$2,239.00
Cardiac Wellness – 16 weeks	\$2,723.00	\$2,332.00
Respiratory Wellness – 16 weeks	\$2,723.00	\$2,332.00
Palliative Wellness – 16 weeks	\$2,723.00	\$2,332.00
Carer Wellness – 14 weeks	\$2,528.00	\$2,136.00
Nutritional Wellness – 16 weeks	\$2,723.00	\$2,332.00

For more information [click here](#).

VIRTUAL WELLNESS SERVICES	COST
Exercise Physiology virtual initial assessment	\$80.00 per service
Virtual group class - activity/exercise (per person)	\$11.00 per class
Home Exercise Program initial assessment and plan development	\$100.00 per service
Exercise Physiologist coaching call	\$40.00 per service

WELLNESS CENTRE	COST
Group class	\$14.00 per class
Initial assessment (one-on-one)	\$100.00 per service
Exercise Physiology follow up (one-on-one)	\$80.00 per service
Six month review (one-on-one)	\$40.00 per service
In-Home Exercise Physiology visit (Mon-Fri)	\$176.00 per hour

For more information [click here](#).

ACTIVITY CENTRE	COST
Activity Centre	\$85.00 per day

For more information [click here](#).

We will review the pricing of our Home Care services in June or July each year to determine the cost of delivering Home Care services. Please refer to your Personal Health Management Plan and Client Agreement for details. More information can be found at <https://integratedliving.org.au/core-by-integratedliving>